

WEEK 1 MENU

w/c 04/09, 25/09, 09/10



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Louisiana Chicken	BBQ Corn and Pepper Pizza	Chicken Roast of the Day	Beefburger in a Bun, Salad sides	Oven Baked Breaded Fish Fingers
Main 2	Cauliflower cheese	Falafel Meatball Wrap	Roasted Quorn Fillet, Tomato Gravy	Macaroni Cheese	Quorn Hot Dog, Fried Onions
Carbohydrates	Half Jacket Potato	Garlic & Onion Focaccia Bread	Roasted Potatoes	Dirty Wedges	Oven Baked Chips
Vegetables	BBQ Beans or Green Beans	Roasted Peppers	Roast Carrots	Roasted Sweetcorn	Garden Peas Baked Beans
Desserts	Chocolate Delight Selection of Yoghurts, Fruit,	Raspberry Jelly Selection of Yoghurts, Fruit,	Jam Tart Selection of Yoghurts, Fruit,	Chocolate and Beetroot Brownie Selection of Yoghurts, Fruit,	Arctic Roll, Roasted Apple Selection of Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist

WEEK 2 MENU

w/c 11/09, 16/10



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Toad in the Hole, Onion Gravy	Chicken Kebab Wrap	Gammon Roast of the Day	Potato, Spinach and Bean Calzone Pizza	Oven Baked Breaded Fish (Pollock)
Main 2	Quorn Sausage & Gravy	Chickpea and Squash Tagine	Turkish Quorn Flatbread	Quorn Coriander Burger	Wholemeal Cheese & Tomato Pizza
Carbohydrates	Mashed Potato	Rainbow Cous Cous	Roasted Potatoes	Sweet potato Wedges	Oven Baked Chips
Vegetables	Sweetcorn and Peas	Spiced potato wedges	Broccoli and Carrots	Roasted Vegetables	Garden Peas Baked Beans
Desserts	Orange Yoghurt Fool Selection of Yoghurts, Fruit,	Baked Rice Pudding, Roast Peaches Selection of Yoghurts, Fruit,	Apple Bread Pudding Selection of Yoghurts, Fruit,	Oaty Raspberry Flapjack Selection of Yoghurts, Fruit,	Raspberry Jelly Selection of Yoghurts, Fruit,

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Vegan



Organic

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WEEK 3 MENU

w/c 18/09, 02/10



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Butter Chicken Curry	Loaded Chilli Dog	Beef Roast of the Day	Southern Baked Chicken	Oven Baked Breaded Fish Fingers
Main 2	Onion Bhaji, Chutney & Flatbread	Ratatouille Pasta Bake	Veggie Sausage and Bean Hot Pot	Buffalo Cauliflower Wings	Vegetable and Bean Soft Tacos
Carbohydrates	Naan Bread or Braised Rice	Parsley and Garlic Bread	Roast Potatoes	Spiced Vegetable Rice	Oven Baked Chips
Vegetables	Roasted Broccoli and Red Onions	Beans	Carrots and Garden Peas	Roasted Sweetcorn	Garden Peas Baked Beans
Desserts	Freshly baked Oat and Lemon Cookie Selection of Yoghurts, Fruit,	Roast Pineapple Pot with Mint Selection of Yoghurts, Fruit,	Summer Fruit Trifle Selection of Yoghurts, Fruit,	Apricot Sponge and Custard Selection of Yoghurts, Fruit,	Vanilla Ice Cream Selection of Yoghurts, Fruit,

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