LUNCH WEEK 1

w/c – 31/08, 21/09,12/10, 02/11, 23/11, 14/12, 04/01, 25/01, 15/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	**Cheese & Tomato Pizza V** Homemade wholemeal pizza topped with tomato sauce & cheese.	**Southern Baked Halal Chicken** Lightly dusted chicken, oven-roasted with a blend of gentle spices.	**Halal Roast Chicken** Oven-roasted chicken dinner.	**Halal Chicken Sausages** Simply sausages served with mash & gravy.	**Fish Fingers** Golden crispy crumb coated fish sticks.
MAIN 2	**Cheese & Tomato Pizza V** Homemade wholemeal pizza topped with tomato sauce & cheese.	**Chilli Bean Stack VE** Mexican-spiced beans in tomato sauce, layered between tortilla wraps and baked until golden.	**Veg Quiche V** Golden pastry filled with vegetables, egg and cheese.	**Veggie Sausage VE** Vegetarian sausages served with mash & gravy.	**BBQ Bean and Cheese Pasty V** Puff pastry filled with BBQ baked beans and melted cheese.
CARB	Tomato Pasta Salad	Boiled Rice	Skin on Roasties	Mash	Chips
VEG	Broccoli	Green Beans	Garlic Autumn Greens	Roasted Corn	Baked Beans / Peas
3rd OPTION	Jacket Potatoes	Pasta	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
DESSERT	Chococaramel Mousse V	Pear & Ginger Cake VE	Autumn Crumble & Custard V	Lemon Drizzle Flapjack VE	Ice Cream V

AVAILABLE DAILY: Fresh fruit, jelly or yogurt, homemade bread and freshly made salad.

MENU KEY: V Vegetarian New New Dish VE Vegan and Planet Friendly

FOOD & Co. by sodexo

LUNCH WEEK 2

w/c 07/09, 28/09, 19/10, 9/11, 30/11, 21/12, 11/01, 01/02, 22/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	**Mac n' Cheese V** Macaroni pasta in a creamy cheese sauce.	**Chicken Curry** Chicken slow-cooked in a mild Indian-spiced sauce.	**Halal Roast Chicken** Oven-roasted chicken dinner.	**Pasta Bolognese (Halal)** Pasta served with a rich Italian bolognese sauce.	**Fish Fingers** Golden crispy crumb coated fish sticks.
MAIN 2	**Pasta Arriabatta VE** Pasta served with a spiced tomato sauce.	**Sweet Potato & Chickpea Curry VE** Sweet potato and chickpeas in a mild Indian-spiced sauce.	**Root Veg and Bean Pie VE New** Beans and root vegetables in a rich gravy, topped with a golden pastry lid.	**Spaghetti and Meatless Balls VE** Vegetarian meatballs in tomato sauce, served with spaghetti.	**Veggie Burger VE New** Homemade chickpea veggie burger in a soft white bun.
CARB	---	**Turmeric Rice**	**Skin On Roasties**	**Garlic Bread**	**Chips**
VEG	**Sweetcorn**	**Garden Peas**	**Roasted Carrots**	**Crispy Broccoli**	**Baked Beans /Peas**
3rd OPTION	**Jacket Potatoes**	**Pasta**	**Jacket Potatoes**	**Jacket Potatoes**	**Jacket Potatoes**
DESSERT	**Lemon and Oat Cookie VE**	**Pear Upside Down Pudding V**	**Apple Flapjack Crumble VE**	**Fruit Jelly V**	**Shortbread VE**

AVAILABLE DAILY: Fresh fruit, jelly or yogurt, homemade bread and freshly made salad.

MENU KEY: V Vegetarian New New Dish VE Vegan and Planet Friendly

FOOD & Co. by sodexo

LUNCH WEEK 3

w/c 14/09, 05/10, 26/10, 16/11, 07/12, 28/12, 18/01,08/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	**Cheese & Tomato Pizza V** Homemade wholemeal pizza topped with tomato sauce & cheese	**Sausage Dog (Halal)** Simply sausage served in a soft finger roll.	**Halal Roast Chicken** Oven-roasted chicken dinner.	**BBQ Halal Chicken Wrap** BBQ chicken and fresh salad rolled up in a soft tortilla wrap.	**Fish Fingers** Golden crispy crumb coated fish sticks.
MAIN 2	**Cheesy Garlic Flatbread V** Homemade wholemeal pizza base topped with rich garlic butter and cheese.	**Veggie Dog VE** Plant-based sausage served in a soft finger roll.	**Veg Tacos VE** Fresh vegetables in a spiced tomato sauce, served on a soft flour tortilla.	**Hot Veggie Wrap VE** Fresh vegetables & chickpeas spiced with cumin, wrapped up with a mint chutney.	**Crispy Quorn Nuggets VE** Crispy golden nuggets made from vegetables, coated in breadcrumbs.
CARB	**Tomato Pasta Salad**	**Potato Wedges**	**Skin On Roasties**	**Lemon and Herb New Potatoes**	**Chips**
VEG	**Sweetcorn**	**Garden Peas**	**Roasted Carrots**	**Crispy Broccoli**	**Baked Beans /Peas**
3rd OPTION	**Jacket Potatoes**	**Jacket Potatoes**	**Pasta**	**Jacket Potatoes**	**Jacket Potatoes**
DESSERT	**Chocolate Swirl Shortbread VE New**	**Coconut and Lime Cake VE**	**Autumn Fruit Sponge V**	**Apple & Cinnamon Pinwheel V**	**Ice Cream V**

AVAILABLE DAILY: Fresh fruit, jelly or yogurt, homemade bread and freshly made salad.

MENU KEY:
V Vegetarian New New Dish
VE Vegan and Planet Friendly

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