

31st January 2023

Internet Safety Day 7th February 2023

Dear Parents/Carers,

On Tuesday 7th February we will be joining schools and youth organisations across the UK in celebrating Safer Internet Day 2023.

Safer Internet Day is a global campaign to promote the safe and responsible use of technology, which calls on children and young people, parents, carers, teachers, social workers, law enforcement, companies and government policymakers to help to create a better internet. Using the internet safely and positively is a crucial message that we promote in school, and celebrating Safer Internet Day is a great opportunity for us to re-emphasise the online safety messages we deliver throughout the year.

Each year, Safer Internet Day covers a new theme. This year, the theme is 'Want to talk about it? Making space for conversations about life online.'

The internet plays a huge part in the lives of young people today, with many playing games, posting on social media, and/or using video sharing platforms. It can be used positively, helping young people learn new skills, express themselves creatively, and strengthen social bonds. However, the use of many popular online platforms has also been linked to low self-esteem and anxiety. They also come with a set of safeguarding risks, including the pressure to participate in dangerous challenges to cyber-bullying.

It's very important to provide young people with a safe space where they can share their thoughts, feelings, and experiences about life online. We would be grateful if you could join us in celebrating the day by continuing the conversation at home. To help you with this, the [UK Safer Internet Centre](#) and [Internet Matters](#) have created some free activities and information for parents and carers which are accessible via the links on this letter. Whether you have 5 minutes to start a conversation or hours to spare, there are top tips, quizzes, and films which you can use at home with your child.

If you have any concerns or questions about keeping your child safe online, please do get in touch with your child's class teacher or our school safeguarding team.

Kind regards,

James Norris

Deputy Principal



Principal – Mrs J Poplett

St. David's, Coulsdon, Surrey CR5 2XE
Tel and Fax: 020 8658 4877 Email: Byron@oasisbyron.org
www.oasisacademybyron.org

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