

NEWS UPDATE



Already it is the final half term before the summer break.

Reception, years 1 and 6 class groups now in school are small in numbers and beavering away in their 'bubble' groups.

If you are a parent of a child in one of those year groups but have not yet sent your child back, please make sure to give us one week's notice if you would like to do so. For all year groups we will of course continue to provide home working packs and staff are here, should you need to contact us.

Please continue to stay safe.

Starting School
Reception Class
a b c 1 2 3

Byron Children's Centre is open to support families. You can speak to a member of staff on 0208 763 6285 for advice or support or to book one of our rooms.

The sensory room is available to book one family per day. This will allow us enough time to clean the room in between bookings.

We are offering one to one baby massage sessions by appointment. Please call to book.

Our playroom and garden is also open for you to book. Please call to make bookings.

Byron Children's Centre

stay safe



Toby (Y5) with his robotic spider, built for a science project.

Mental Health UK have excellent downloadable resources available (see examples) on their website at <https://mentalhealth-uk.org/help-and-information/downloadable-resources/>

5 top tips for mental wellbeing

Looking after our mental health is just as important as our physical health. This document has 5 simple ideas to help improve our mental wellbeing.

Download booklet



The stress bucket

Healthy levels of stress can help push us, but sometimes it makes us feel like we can't do anything at all. This simple tool helps us to think about ways we can release stress.

Download resource